

## JRF ORTHO – INSURANCE ASSISTANCE DOCUMENT

### Summary of medical criteria for OCAs

Humana

Policy Title: Osteochondral Defect Surgery

Effective Date: 06/26/2018

Policy #: HGO-0494-010

	<b>Criteria for medical necessity</b>
<b>Medical Evaluation</b>	Documentation including radiological interpretation and report for soft tissue pathology (eg, MRI) or arthroscopy of a chondral defect
<b>Cartilage defect size</b>	Between 1-2.5 cm in diameter or greater than 2.0 cm <sup>2</sup> total for allograft transplants
<b>Cartilage defect characterization</b>	Weight bearing portion of the lateral or medial femoral condyle, or trochlear region of the knee
<b>Cause of defect</b>	NR
<b>Lesion (defect) and surrounding cartilage</b>	Focal, full thickness (grade III or IV) articular cartilage defects
<b>Patient demographic</b>	Skeletally mature adolescent with documented closure of growth plates to 55 years of age
<b>Patient condition</b>	Disabling localized knee pain
<b>Prior treatment</b>	Unresponsive to at least six weeks of conservative treatment (eg, medication, physical therapy)
<b>Joint health</b>	No evidence of arthritis on the corresponding tibial surface Normal appearing hyaline cartilage surrounds the borders of the defect
<b>Knee stability</b>	Normal knee alignment
<b>Patient compliance</b>	NR
<b>OCA for other joints</b>	<p>Humana members may NOT be eligible under the Plan for osteochondral allograft OR osteochondral autograft transplant for any indications other than those listed above, including but not limited to, the following:</p> <ul style="list-style-type: none"><li>• Cartilage defects in joints other than the knee (patella is considered separate from the knee joint); OR</li><li>• Individuals who have had a previous total meniscectomy; OR</li><li>• Individuals with osteochondritis dissecans (OCD) lesions; OR</li><li>• Initial or first line of surgical therapy</li></ul> <p>This is considered experimental/investigational as they are not identified as widely used and generally accepted for the proposed uses as reported in nationally recognized peer-reviewed medical literature published in the English language.</p>